



SWS Mountain Guides
110 Alpine St.
Mt. Shasta, CA 96067
info@swsmountainguides.com
www.swsmountainguides.com
Phone: 888.797.6867

Introduction to Outdoor Climbing Clinics

Introduction to Full & 1/2 Day outdoor rock clinics will get you moving comfortably, safely and confidently on the rock with plenty of challenging routes for all levels. All climbing gear included.

- **Skills Covered:**
 - Climbing equipment use and care
 - Top-rope belay skills & commands
 - Outdoor rock climbing techniques
- **Course Info:**
 - Prices & Dates: see website: www.californiarockguides.com
 - Length: 1/2 Day to Full day
 - Class size: 2-6 people / Groups welcome give us a call
- **Location:**
 - Bear Valley, California - **California Rock Guides Office at the Bear Valley Lodge across from reception.**
 - Skill Level: Beginner to Advanced
 - Fitness Level: Moderate
- **Dates:** For Reservations or Questions call: 888-797-6867
or 209-753-6556